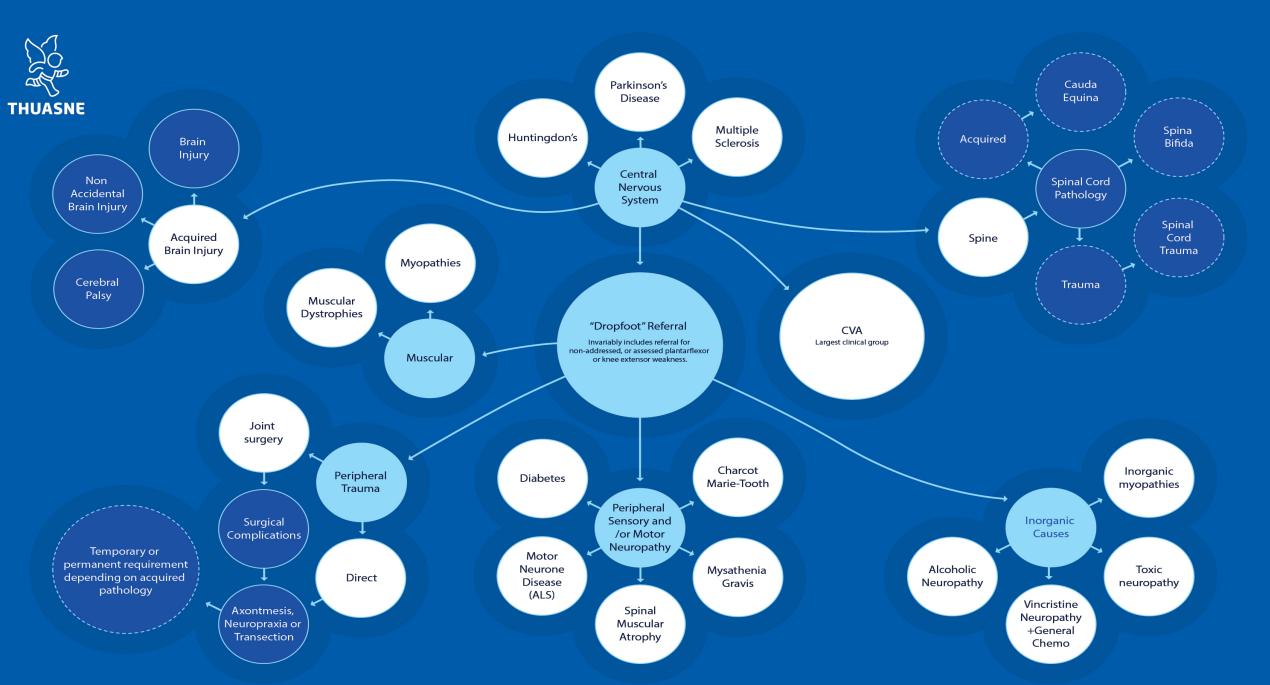


Clinical Differentiation and Prescription with Composite Ankle-Foot Orthoses

And the "just enough" approach

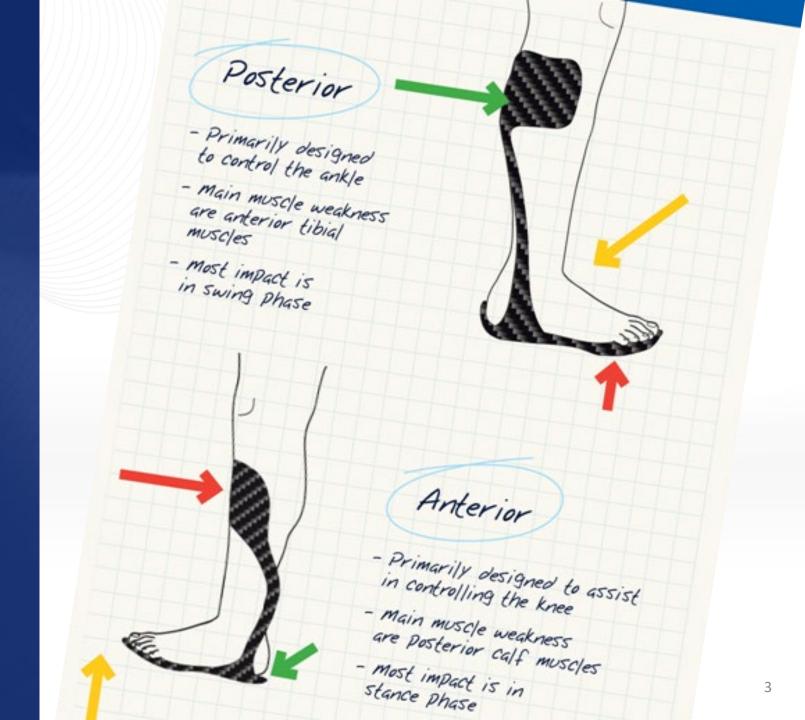
Lower Limb Weakness Pathology Tree





Anterior Vs Posterior Shell

Biomechanical and proprioceptive function





Sprystep[®] Family

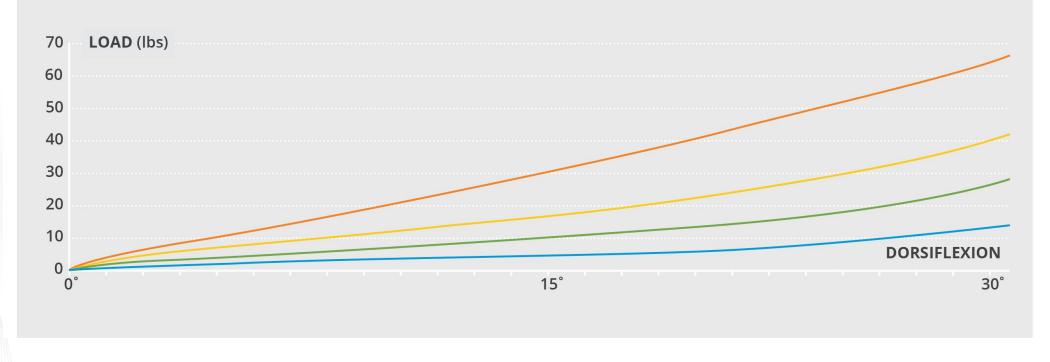
Energy return

SpryStep[®]: 85%

SpryStep® Plus: 84%

SpryStep® Max: 78%

STIFFNESS COMPARISON RESISTIVE LOAD INTO DORSIFLEXION





Sprystep[®] Family





SpryStep®



SpryStep® Plus





SpryStep® Max



SpryStep® Vector



The choice between OTS and Custom?

Accommodate standard shoe pitch

Controlled achievement of midstance position

Shank inclination in midstance

Single support

Generally 12 degrees inclined

Proprioceptively guided

Biomechanically controlled

Sagittal Plane presentation

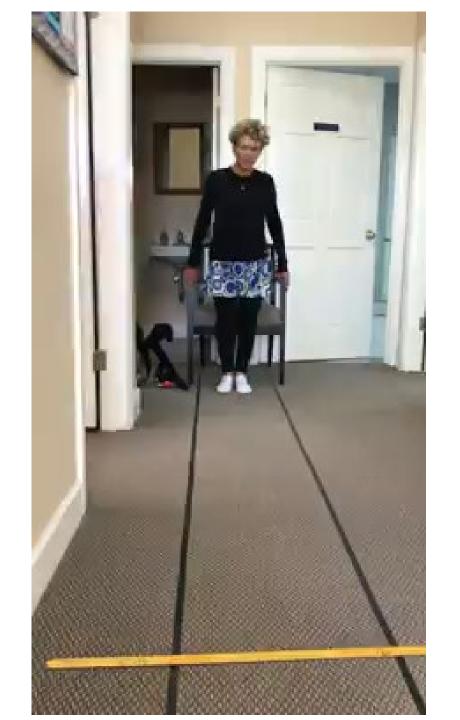
Without significant frontal plane concerns

Avoid escape pronation or supination

Rocker priority

Tardieu Scale 0-2 (3?)

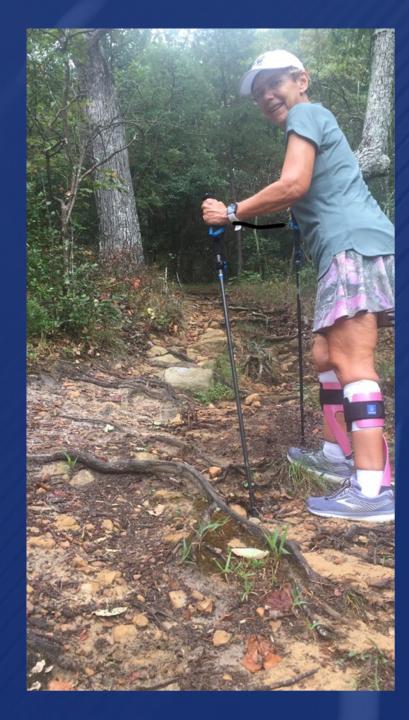
Or Ashworth Scale











Engagement | USER







Nancy Welch Will you be in the Polk area before you venture out? Would love to have you talk to the Lions Club or somewhere 😊

Like · 22w



→ Some Warrow replied · 1 Reply



Randy-Renee Selman My father had a stroke and drags his foot which causes him to stumble and fall, he's 83 this would be a great brace for him.

Like · 22w



in several locations around the country and maybe there is one near him. Otherwise, check out prosthetic and orthotic clinics near

him. Let me know if I can help in

anyway.

Koreen Burrow YES! It's amazing what they can do these days. I initially got mine through Hanger Clinic. The brace is called a SpryStep made by Thuasne. It is a yon, now docion Hanger Clinics are

nd the s one k out nics near elp in

SpryStep made by Thuasne. It is a very new design. Hanger Clinics are



Biomechanical Control





Biomechanical Control





Case Study: Pàwel

32 year old male

Builder - Traumatic spinal injury

- Dorsiflexors 2/5
- Plantarflexors 0/5
- Quadriceps 5/5
- Gluteals 3/5

Clinical aims

- Prevent uncontrolled knee flexion
- Assist swing phase clearance

Patient aims

- Increase activity
- Reduced dependence on crutches











Thank you!

David Buchanan BSc(Hons) FFPM RCPS(Glasg.) MBAPO

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